

Tot dist	Dist	Off Trail	Terrain	est days	Communities	Services	Phone #	Addresses	Water	Comments	
0.0	0.0		A/B		Ottawa	All			4		Capital Pathway
0.0		0.4				Canada Post		421 Richmond Rd			
0.0		0.4				MEC	613-729-2700	366 Richmond Rd	4		
0.0		0.7				Lablows	613-722-3227	2085 Carling Ave	4		
0.0		0.3				Bayshore Shopping Center		100 Bayshore Dr	4		
22.7	22.7	0.5	A/B	0.9		Wesley Clover Campground	613-828-6632	411 Corkstown Rd	4		
34.5	11.8		A/B	0.5	Sittsville	All			4		Ottawa Canelton Trailway
34.5		0.6				Canada Post		1606 Main St			
34.5		0.3				Real Canadian Superstore	613-254-6050	760 Eagleson Rd	4		
34.5		0.2				Shoppers Drug Mart	613-599-4595	680 Eagleson Rd	4		
58.5	24.0		A/B	1.0	Carleton Place	Canada Post	613-257-3324	42 Bridge St			
58.5		0.3				Independent Grocer	613-253-6206	455 McNeely Ave	4		
58.5		0.3				Walmart	905-760-6200	450 McNeely Ave	4		
77.0	18.5		A/B	0.7	Almonte	All			4		Lanark Trail
77.0						Independent Grocer	613-256-2080	401 Ottawa St	4		
110.3	33.3		A/B	1.3	Lanark	Canada Post	613-259-2801	71 George St			
110.3						Pretty Goods	613-259-2173	68 George St	4	small town grocery store	
113.8	3.5			0.1		Ma's Camping	613-259-5636	2783 Ferguson Falls Rd	4		
138.0	24.2		A/B	1.0	Perth	All			4		Lanark Trail
138.0						Metro	613-267-4921	50 Wilson St W	4		
138.0						Downtown Shops			4		
150.7	12.7	1.4		0.5		Merrywood Camp	613-267-1244	741 Port Emsley Rd	4	Easter Seals Camp (likely will provide a spot if desperate)	
163.9	13.2		A/B	0.5	Smiths Falls	Post Office		17 Church St			
163.9						Victoria Campground	613-383-5112	30 Lombard St	4		Cabrera Trail
163.9						Walmart	613-384-0838	114 Lombard St	4		
163.9						Canadian Tire	613-383-3906	10 Ferrara Dr	4		
163.9						Independent Grocer	613-383-2999	25 Ferrara Dr	4		
178.5	14.6	0.4		0.6		Twin Pines Campground	613-384-0216	986 ON-15 Lombardy	4		
182.5	4.0	0.7		0.2		Moonlight Bay on Otter Lake Campgr	613-283-8659	4790 County Rd 38	4		
191.2	8.7	0.8	A/B	0.3	Portland	Portland Food Market	613-272-2861	28 Colborne St	4		
191.2						Post Office	613-272-2537	25 Colborne St			
205.5	14.3	2		0.6		Green Valley Campground	613-359-5799	482 Clear Lake Rd	4		
208.7	3.2		A/B	0.1	Chaffey's Lock	B&Bs and Marinas			4	No Food	
227.9	19.2		A/B	0.8	Raymond's Corner	B&Bs and Marinas			4	No Food	
227.9						Scofield Campground	613-353-6677	6454 Perth Rd	4		
227.9						Lakesun Club	613-353-2463	RR1 Perth Rd	4	Private Family Campground	
240.4	12.5		A/B	0.5	Sydenham	Foodland	613-376-6609	4476 Geogia Lane	4		
240.4						Post Office	613-376-3431	4392 Mill St			
252.0	11.6		A/B	0.5	Harrowsmith	The Pizza Place	613-372-5693	4946 Road 38	4		
261.4	9.4		A/B	0.4	Verona	Foodland	613-374-2112	6145 Road 38	4		
261.4						Post Office	613-374-2408	6751 Road 38			
267.6	6.2		A/B	0.2	Piccadilly	Houses			3		K&P Trail
269.8	2.2		A/B	0.1	Godfrey	Houses			3		
274.4	4.6		A/B	0.2	Cole Lake	Houses			3		
284.6	10.2		A/B	0.4	Titchborne	Houses			3		
290.8	6.2		A/B	0.2	Ooconto	Houses			3		
290.8						Seed to Sausage	613279-2455	12821 Road 38	4	Home made Sausage!!	
298.6	7.8		A/B	0.3	Sharbot Lake	Restaurants & Banks			4		
298.6						Mike Dean's Food Store	613-279-1020	1039 Elizabeth St	4		
298.6						Post Office		1043 Elizabeth St			
312.9	14.3		A/B	0.6	Mountain Grove	The Last Post (monument)			4		
312.9						Houses & Library			3		
320.8	7.9		A/B	0.3	Arden	Post Office		1004 Bridge St			Central Frontier Trailway
339.6	18.8		A/B	0.8	Kaladar	Convenience & Subway			4		
353.9	14.3		A/B	0.6	Hungerford	Houses			3		
366.0	12.1		A/B	0.5	Tweed	ValueMart	613-478-2014	56 Victoria St	4		
366.0						Post Office		23 Spring St			
366.0						Banks/Coffee/Pharmacy			4		
392.8	26.8		A/B	1.1	Spring Brook	Post Office		2508 Spring Rock Rd			Hastings County Trail
406.7	13.9		A/B	0.6	Anson	Houses			3		
413.3	6.6		A/B	0.3	Hoards	Houses (Chubby's Restaurant)			4		
429.1	15.8		A/B	0.6	Campbellford	Post Office		67 Bridge St			
429.1						Fisher's No-Frills	705-653-3250	15 Canrobert St	4		
429.1						Canadian Tire		130 Grand Rd	4		
431.5	2.4		A/B	0.1	West Corner	Houses			3		Northumberland Rail Trail
437.5	6.0		A/B	0.2	Godolphin	Houses			3		
446.2	8.7	0.7	A/B	0.3	Hastings	Post Office		9 Frant St			
446.2						Todd's Value Mart	705-696-3504	52 Bridge St	4		
449.0	2.8			0.1		Stoney Point Resort	705-696-2107	1003 River Rd	4		
460.3	11.3			0.5	Blezard	Houses			3		Selwyn / Kwanis / Peterborough Trails
472.9	12.6			0.5	Drummond	Houses			3		
481.1	8.2			0.3	Peterborough	BeaverMeed Campground	705-742-9712	2011 Ashburnham Dr	4		
481.1						Post Office		150 King St			
481.1						Greg's No-Frills		230 George St N	4		
481.1						Canadian Tire	705-742-0406	1200 Landsdowne St W	4		
497.5	16.4		B	0.7	Orange Corner	Houses			3		Wawartha Trans Canada Trail
505.9	8.4	0.3	B	0.3	Omeme	Post Office	705-799-5821	2 King St	4		
505.9		0.3				Foodland	705-799-5211	31 King St	4		
517.4	11.5		B	0.5	Cunnigham's Corner	Houses			3		
524.6	7.2		A/B	0.3	Lindsay	Post Office		341 Kent St			
524.6						Basic Foods	705-878-3300	363 Kent St	4		
524.6						Canadian Tire	705-824-2176	370 Kent St	4		
554.5	29.9	1	B	1.2	Blackwater	Villa Vida Loco Farm Market	416-520-0249	13350 ON-12	4		
570.9	16.4		A/B	0.7	Uxbridge	Post Office		2 Elgin Park Dr			
570.9						Zehrs	905-852-1212	273 Toronto St	4		
570.9						Canadian Tire	905-852-3315	327 Toronto St	4		
617.5	46.6		A	1.9	Pickering/Ajax						Durham Region Trail
626.8	9.3		A	0.4	Squires Beach						
632.3	5.5		A	0.2	Fairport						
638.6	6.3		A	0.3	Rosebank						
648.6	10.0		A	0.4	West Hill						
652.8	4.2		A	0.2	Morningside						
665.0	12.2		A	0.5	Victoria Village						
670.5	5.5		A	0.2	East York						
681.5	11.0		A	0.4	Toronto						
706.8	25.3		A	1.0	Port Credit						
714.6	7.8		A	0.3	Clarkson						
729.3	14.7		A	0.6	Oakville						
758.7	29.4		A	1.2	Dundas / Hamilton						
774.6	15.9		B	0.6	Summit	Houses			3		
780.2	5.6		B	0.2	Jerseyville	Houses			3		
791.5	11.3		B	0.5	Cainsville	Several Services			4		
800.8	9.3		A	0.4	Brantford	Walker's No Frills		603 Colborne St	4		
800.8						Many Other Grocery Stores			4		
800.8						Several Services			4		
819.9	19.1		A/B	0.8	Paris	Nick's No Frills		71 Dundas St E	4		
831.3	11.4		A/B	0.5	Glen Morris	Small Town - No Groceries					
846.1	14.8		A/B	0.6	Cambridge						
859.6	13.5		A/B	0.5	Kitchener						
870.2	10.6		A/B	0.4	Waterloo	All Required Services close to The Trail		Kitchener MEC 10 Manitou Dr (519-896-4972)	4		

1668.2		1.3				Noelville Family Resort	705-898-2059	489 Prevost Rd	4	The majority of the Voyageur Cycling Route is Not Safe For Pedestrians	Voy
1682.4	14.2		A	0.6	West Arm	Houses			3		
1687.2	4.8		A	0.2	Rockport Camp Cottages	Cottages & Campground	705-867-9996	710 Lake Rd	4		
1698.4	11.2		A	0.4	St Charles	Post Office		12 King St W	3		
1698.4						St Charles Food Market	705-867-2000	25 Main St	4		
1710.2	11.8		A	0.5	Markstay-Warren	Post Office		7147 Hwy 17	3		
1722.3	12.1		A	0.5	Markstay	Post Office		2 Pioneer St E	3		
1743.9	21.6		A	0.9	Wahnapiitae	Post Office		231 Hill St	3		
1767.2	23.3		A	0.9	Sudbury	All Services			4		
1767.2						Post Office		2015 Long Lake Rd	4		
1767.2						Grove's Independent Grocer	705-522-7111	1836 Regent St	4	Junction Creek Waterway Park	
1767.2						Canadian Tire	705-522-2198	2040 Algonquin Rd #30	4		
1767.2						Campgrounds		3 Campgrounds South of Richards Lake - approx. 5 km off trail	5		
1789.5	22.3		A	0.9	Naughton	Post Office		10 MURRAY ST	4		
1795.5	6.0		A	0.2	Holiday Beach Campground	Holiday Beach and Centennial (2x)	705-866-0303	3655 Regional Road 55	4		
1798.5	3.0		A	0.1	White Fish	Houses and Community Ctr			4		
1798.5						Post Office		18 Smith St	4		
1824.9	26.4		A	1.1	Nairn Centre	Post Office		18 Smith St	4		
1824.9		2.5				Silver Maple Campground	705-866-0505	101 Nairn Rd (South of Nairn Ctr)	4		
1824.9						Convenience Store			4		
1844.5	19.6		A	0.8	Espanola	Post Office		133 Barber St	4		
1844.5						Winkel's Independent Grocer	705-869-0284	745 Centre St	4		
1844.5						Canadian Tire	705-869-3807	801 Centre St	4		
1860.2	15.7		A	0.6	Lee Valley	Houses			3		
1872.4	12.2		A	0.5	Massey	Post Office		145 Grove St	4		
1872.4		1.3				Martin's Country Market	705-865-2657	1750 HWY17	4		
1872.4		2.0				Chutes Prov. Park Campgrounds		North of Massey	4		
1890.3	17.9		A	0.7	Walford	Post Office		36 Walford Rd	3		
1890.3						Houses & Others			3		
1902.6	12.3		A	0.5	Spanish	Post Office		4 Bernard St	4		
1902.6						D&D Freshmart	705-844-2857	1 John St	4		
1902.6						Spanish Resort & Campground	705-844-2202	69 Colonization Rd	4		
1914.7	12.1		A	0.5	Cutler	Minor Services & Houses			3		
1920.8	6.1		A	0.2	Serpent River	Serpent Riv. Campground	705-849-2210	4696 HWY 17W	4		
1945.0	24.2		A	1.0	Algoma Mills	Wilson's Market	705-849-9182	Lauzon Village Rd	4		
1945.0						Motels / Minor Services			4		
1957.0	12.0		A	0.5	Blind River	Post Office		10 Lawton St	4		
1957.0						Red Apple Market	705-356-6225	105 Causley St	4		
1957.0						Other Services			4		
1963.3	6.3		A	0.3	Maciver's Motel and Camping	Campgrounds	705-356-7411	26060 Hwy 17 West	4		
See Below 'Gros Cap Bluffs' for a Hikers Variation on the 'Voyageur Trail' Starting at Iron Bridge											
1983.3	20.0		A	0.8	Iron Bridge	Post Office		6 Bridge St	4	The majority of the Huron Shores Route is Not Safe For Pedestrians	Huron Shores Trail
1983.3						MacDonald's Food Market	705-843-2163	22237 Hwy 17	4		
1983.3						Clear Lake Camp	705-842-5090	Iron Bridge	4		
2019.0	35.7		A	1.4	Little Rapids	Houses			3		
2019.0		4.0	A		Thessalon	Post Office		145 Main St	4		
2019.0						Jane's Valu-Mart	705-842-2132	215 Main St	4		
2019.0						Thessalon Lakeside Park & Camping	705-842-2523	100-110 Lakeside Dr	4		
2019.0						Other Services			4		
2039.4	20.4		A	0.8	Bruce Station	Minor Services & Houses			4		
2042.8	3.4		A	0.1	Bruce Mines	Post Office		9208 Hwy 17	4		
2042.8						Foster's Freshmart	705-785-3728	14 Robinson Dr	4		
2042.8						Bruce Mines Township Campground	705-785-3493	1-15 Williams St	4		
2042.8						Other Services			4		
2060.0	17.2		A	0.7	Desbarats	Post Office		33 Lake Huron Dr	4		
2060.0						Minor Services & Houses			4		
2086.6	26.6		A	1.1	Echo Bay	Post Office		201 Church St	4		
2091.8	5.2		A	0.2		Ojibway Tent and Trailer Park	705-248-1520	ON-17	4		
2098.5	6.7		A	0.3	Garden River	Minor Services & Houses			4		
2098.5						Dinelle's Country Market	705-248-2161	3217 ON-17B	4		
2102.6	4.1		A	0.2		Bell's Point Campground	705-759-1561	158 ON-17B	4		
2111.6	9.0		A	0.4	Sault Ste Marie (entering S.E.)	All Services			4		
2111.6						Post Office		451 Queen St E	4		
2111.6						Metro	705-254-3923	150 Churchill Blvd	4		
2111.6						Canadian Tire	705-949-0770	200 McNabb St	4		
2130.6	19.0	3.7	A	0.8	Carpin Beach	Mark's Bay Campground	705-779-3939	588 Airport Rd	4		
2140.1	9.5		A	0.4	Gros Cap Bluffs	Boat Launch		Lake Superior Waterway Start	4		
Hikers' Variation - Voyageur Trail from Iron Bridge to Sault Ste Marie											
1963.3			B/C		Iron Bridge	Post Office		6 Bridge St	4	Voyageur Trail Iron Bridge to Sault Ste Marie	
1963.3						MacDonald's Food Market	705-843-2163	22237 Hwy 17	4		
1963.3						Clear Lake Camp	705-842-5090	Iron Bridge	4		
1970.9	7.6		B/C	0.3	Red Rock Falls	Landmark / No Services					
1987.6	16.7		B/C	0.7	HWY129	Landmark / No Services		1.1 km on the rd			
1996.1	8.5		B/C	0.3	Shaw Reserve Dam	Landmark / Small Cabin					
2018.7	22.6		B/C	0.9	HWY638	Landmark / No Services		crossing HWY638			
2023.3	4.6	2.0	B/C	0.2	Otterhead	Otterhead Cabins and Campground	705-736-1146	94 West Rd, Bruce Mines	4		
2038.2	14.9		B/C	0.6	HWY638	Landmark / No Services		crossing HWY638			
2062.1	23.9		B/C	1.0	Upper Echo Riv. Crossing	Landmark / No Services					
2078.5	16.4		B/C	0.7	Garden Riv. Crossing	Landmark / No Services					
2083.7	5.2		B/C	0.2	Jordan Mine Rd	Landmark / No Services					
2101.8	18.1		B/C	0.7	Sixth Line East Rd	Houses / Minor Services			4		
2110.0	8.2		A	0.3	Sault Ste Marie (entering N.E.)	All Services			4		
2110.0						Post Office		292 Northern Ave E	4		
2110.0						Metro	705-945-6150	248 Northern Ave E	4		
2110.0						Walmart	705-253-9522	446 Great Northern Rd	4		
2110.0						Canadian Tire	705-949-0770	200 McNabb St	4		
2110.0		2				Sault Ste Marie KOA	705-759-2344	501 Fifth Line E	4		
2114.6	4.6			0.2	Bus Station	Greyhound Stop - Howard Johnson	705-541-9305	503-Trunk Rd	4		
The Great Trail: Lake Superior Water Trail and Animiki Trail (Path of the Paddle)											
3255.6	1141.0					No attempt was made to outline any of the communities, services or other planning data along this Lake Superior Water Trail					
3255.6											
4171.6	916.0					The Great Trail - Western Ontario Paddle Path: Pigeon River Trail, Omini Trail, Quetico Trail, Maukinak Trail, Migizi Trail, and Linoow Owan Trail					
4171.6						No attempt was made to outline any of the communities, services or other planning data along this Waterway section of Western Ontario					
This data file ends at White Lake, 48 km across into Manitoba - at the end of the waterway.											
The Manitoba data file will start further South from the Manitoba border near Whiteshell. It is the start of the hiking trail.											
Total:	4171.6	64.1							84.6		