

On-Trail Data File

Newfoundland

JU-SI ADVENTURES

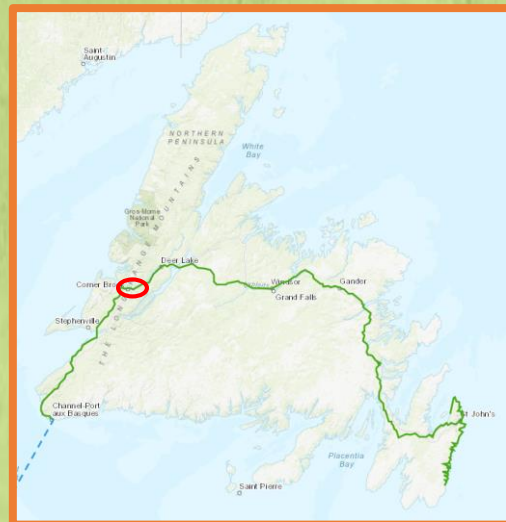
Get Lost in the Great Outdoors and Find Yourself



The TCT in Newfoundland, utilises 890 kilometres of abandoned rail-bed that links St John's to Port aux Basques. The Newfoundland T'Railway Provincial Park is a multi-use, all season recreational trail. The trail's condition varies from a well-groomed fine gravel city path in the St Johns area to rough, loose track in remote areas. This trail offers moderate grades as it was originally designed for trains. As the trail bed is raised, the surrounding terrain is often cut off by the steep embankments. Bodies of water may be nearby but inaccessible. Much of the terrain in which the T'Railway passes is bog. Finding a dry, flat area on which to camp can be a challenge in some of the remote areas.

Way-finding on the T'Railway trail is generally very good. The trail is obvious. The only caveat to this is the region of Corner Brook. In this area, the trail disappears and local roadways need to be used. From Steady Brook to Corner Brook (about 5km), the only option is the busy Trans Canada Highway (highlighted in red below).

Newfoundland Data Table Legend	
Grocery Store	
Convenience Store	
Post Office	
Camping	
Warming Shack	
Stores (various)	
Water Access	
Alternate Trail	Use Road
Alternate Water course	Use Road
Roadway Section	Dangerous Roadway
Trail Condition	
A	Paved
B	Groomed/easy
C	Groomed/ Intermediate
D	Difficult
E	Extreme
Water Access	
1	Dry Area
2	Possible/ Seasonal
3	Lake Water
4	Tap



Running Total Distance	Point to Point Distance	Off Trail Distance	Difficulty Level	Est. Days (avg 25km)	Communities	Services	Phone #	Addresses	Access to Water	Various Comments Updated July 2018
0.0	0.0		A		Signal Hill	use Signal Hill Rd				All information in this section is derived from The Great Trail Website, Google Maps and various guidebooks.
4.1	4.1		A/B	0.16	St John's	Waterford Hospital		306 Waterford Bridge Rd		
4.1						Walmart		470 Topsail Rd	4	
4.1	1.0					Dominion Grocery		20 Lake Ave	4	
4.1						Canadian Tire		9 Kelsey Dr		
4.1						Running Room		9 Rowan St		
4.1						Canada Post		98 Kenmount Rd		
18.3	14.2	0.2	A/B	0.57	Paradise	Sobeys		1621 Topsail Rd	4	
18.3						Canada Post		Lawtons Drug Store		
18.3		0.2				Kevin's No Frills Grocery		1300 Topsail Rd	4	
32.9	14.6	0.1	A/B	0.58	Conception Bay	Sobeys		350 Conception Bay HWY	4	Very few campsites
32.9		0.2				Dominion Grocery		220 Conception Bay HWY	4	
32.9		0.2				Canada Post/ first of 4		715 Conception Bay HWY		Very few campsites - We asked and got special permission from ranger to camp in Manuel's River Park by the stream.
32.9		0.2				Manuel's River Interpretive Park		Day Use Only	4	
32.9						Canada Post		447 Conception Bay HWY		
32.9		0.6				Irving Oil Convenience		377 Conception Bay HWY	4	

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Runnig Total Distance	Point to Point Distance	Off Trail Distance	Difficulty Level	Est. Days (avg 25km)	Communities	Services	Phone #	Addresses	Access to Water	Various Comments Updated July 2018
52.4	19.5	0.8	B/C/D	0.78	Holyrood	Irving Oil Convenience		678 Conception Bay HWY	4	
52.4		0.0				Wilderness camping on T Rail			3	Many pullout campsites along trail
56.0	3.6	0.0	B/C	0.14	before Avondale	The Old Mill RV Park	709-687-0920	Millville Rd	4	
66.0	10.0	3.0	B/C	0.40	Avondale	Avondale Country Convenience		142 Conception Bay HWY	4	
69.6	3.6	2.8	B/C/D	0.14	Brigus Junction	Gushue's Pond Camping	709-229-4003	Off of HWY 1	3	
93.4	23.8	1.0	B/C/E	0.95	Whitbourne	Franks Mminart		Main St	4	
93.4						WH Newhook Communkity Health		18 Whitbourne Ave		
104.5	11.1	0.0	B/C	0.44	Placentia Junction	Lake		Lake	3	
116.6	12.1	0.0	C/D	0.48	Long Harbour Station	Lake		Lake	3	Very few options for campsites
137.1	20.5	0.0	C/D	0.82	Tickle Harbour Station (area)	Wilderness Camping on T Rail			3	Good campsite near lake 3 km beyond Station
146.1	9.0	0.0	C/D	0.36	Rantem Station	Pond		Pond	3	Very few options for campsites
164.4	18.3	0.8	C/E	0.73	Arnold's Cove	Jack's Pond Park	709-463-0150	HWY 1	4	
164.4		4.0				Foodland		371 Main Rd	4	
186.5	22.1		C/D	0.88	Goobies	Trailside Motel and restaurant		Business	4	Very few options for campsites
204.0	17.5	0.8	B/C/D	0.70	Clarenville	Michael's No Frills Grocey		240 B Memorial Rd	4	Very few options for campsites
204.0						Canada Post		256 Memorial Dr		
204.0						Canadian Tire		27 Manitoba Dr		
204.0						Dr. GB Memorial Hospital		67 Manitoba Dr		
204.0		0.8				Walmart		11 Shoal Harbour Dr	4	
204.0		0.8				Sobeys		69 Manitoba Dr	4	
219.3	15.3	0.0	B/C	0.46		Warming Hut			0	
226.3	7.0	2.2	A	0.28	Thorburn Lake	Lakeside Camping	1-877-330-3319	HWY 1	4	
237.6	11.3	0.2	C/B/D	0.45	Port Blanford	Canada Post		Main St		
246.3	8.7	0.0		0.46		Warming Hut			0	
259.3	13.0	0.0	B/C	0.52	Terra Nova	The Dep		Loop Rd	4	
278.3	19.0	0.0		0.76		Warming Hut			0	
280.3	2.0	0.0	B/C	0.08	Maccles Lake	Wilderness Camping			3	Several pull-outs for camping
302.5	22.2	5.0	A/B/W	0.89	Gambo	Gambin's independent Grocer		451 JR Smallwood Blvd	4	Exit trail to access facilities in Gambo
302.5		5.0				David Smallwood Park		Park Rd off of Pine Tree Rd	2	
302.5		5.0				Canada Post		350 JR Smallwood Blvd		Exit trail to access facilities in Gambo
324.6	22.1	0.0	C/D/B	0.88	Benton	River Crossing		River	3	Very few options for campsites
343.6	19.0	0.2	C/D	0.76	Gander	Walmart		55 Roe Ave	4	Very few options for campsites
343.6						James Paton Memorial Hospital		125 HWY 1		
343.6						Canada Post		130 Armstrong Blvd		
343.6						Canadian Tire		132 Bennet Dr		
343.6		1.0				Foodland		151 Airport Blvd	4	
362.4	18.8	0.0		0.75	Monchy	Warming Hut			0	
370.4	8.0	0.0	A/C	0.32	Glenwood	Canada Post		6 Main St		Very few options for campsites
370.4		0.2				Johnny's Convenience		7 Crowell Ave	4	
370.4		0.0				Jonny's Place		Intersection of Spruce rd and the Trail	4	Nice cabins right on the trail
388.4	18.0	0.0	A/B	0.72	Indian arm Pond	Pond		Pond	3	
388.4		0.0				Warming Hut			0	
407.6	19.2	0.0	B/A	0.77	Norris Arm	AI Convenience		Ratling Brook Rd	4	Very few options for campsites
407.6						Canada Post		163 Citizens Dr		
407.6		0.0				VI Enterprises Cabins		On the T Railway - E Access Rd	4	Nice cabins right on the trail
407.6						Central Food Mart		151 Citizens Dr	4	
429.9	22.3	0.3	C/D/B	0.89	Bishop's Falls	Canada Post		428 Main St		Very few options for campsites
429.9		2.0				Fallsview Park	709-258-6581	Powerhouse Rd	4	Turn right after bridge to access park
429.9		0.3				Brookdale Contry Inn and RV Park	709-258-7377	10 Main St, Bishop's Falls, NL A	4	Beyond town to the right
429.9						Eltero Convenience		1 Eltero Park	4	
444.0	14.1	0.8	C/D/B	0.56	Grand Falls	Walmart		19 Cromer Ave	4	Very few options for campsites
444.0						Canada Post		16 High St		
444.0						Canadian Tire		19 Cromer Ave		
444.0						Central NF Regional Health Center		50 Union St	4	
444.0		0.8				Dominion Grocery		17 Cromer Ave	4	
448.3	4.3	0.0		0.17		Beothuk Provincial Park	709-489-9832	Main St	4	
463.1	14.8	0.0		0.59		Rivershack Campind/wild	709-290-0115	HWY 1	1	
463.1						Canada Post		25 Main St		
473.6	10.5	0.0	C/D	0.42	Badger	J&E Groceries		33 Main St	4	
473.6		0.0				Trail-Blazer Cabins	709-486-7984	23 Main St, Badger, NLA0H 1A	4	
485.4	11.8		C/D	0.47	Lake Bond	Lake Bond		Lake	3	
498.6	13.2		C/D/B	0.53	Millertown Junction	Community Well		Well for drinking water	3	Some options for campsites
536.4	37.8		C/D/B	1.51	Gaff Topsail	River Crossing		River	3	Some options for campsites
545.5	9.1		C/D	0.36	Chain Lake	Chain Lake		Lake	3	
574.2	28.7	0.2	C/D/E	1.15	Howley	Canada Post		41 Main St		
574.2		0.0				Wilderness Camping			3	Some beach camping 1km beyond trestle
574.2		1.5				Grand Lake Tourist Park	709-636-2912	Park Rd	4	Few Campsites
586.6	12.4	0.2	C/E	0.50	Main Dam	Wilderness Camping			3	Some options for campsites
586.6		2.0	A			Deer Lake Park Camping	709-635-5885	133 Nicholsville Rd	4	Alternative to trail use Main Dam Rd
601.7	15.1	0.5	C/D	0.60	Deer Lake	Foodland		2 Commerce St	4	
601.7						Canada Post		19 Old Bonne Bay Rd		
601.7		2.8				Gateway to the North RV	1-888-818-8898	1 Bonne Bay Rd	4	

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625.7	24.0	2.0	A	0.96	Pasadena	Foodland		77 Main St	4	Alternative use Tippin, Main & Bonnell Rd
601.7						Canada Post		7- 5th Ave		
625.7		1.0				Pineridge RV and Camping	709-686-2541	HWY 1	4	Before entering Pasadena
631.7	6.0			0.24		Wilderness camp by bridge			3	Some wilderness camping options 6km past Pasadena by bridge
645.7	14.0	0.0	A	0.56	Steady Brook	George's Mountain Village RV	709-639-8168	HWY 1	4	
656.0	10.3	0.3	A/B/D	0.41	Corner Brook	Petries Convenience		56 Petries St	4	6 km on HWY 1 use caution
656.0		2.2	A			Kinsmen Prince Edward Camping	709-637-1580	HWY 440	4	Alternative use Lewin, Curling, Petries, Hillard At to rejoin trail
656.0		0.3	A			Sobies		1 Mnt Bernard Ave	4	
656.0						Western Mem. Regional Hospital		1 Brookfield Ave		
656.0						Canada Post		43 Mapple Valley Rd		
656.0						Canadian Tire		16 Murphy Square		
656.0		0.6				Colemans Grocery		26 Caribou Rd	4	
680.2	24.2		C/D	0.97	Big Cooks Pond	Lake and Houses		Lake and Houses	3	At the end of Big Cooks Pond good option for wilderness camping
680.2			D		Georges Lake	Lake and Houses		Lake and Houses	3	
700.5	20.3		D	0.81	Georges Lake	Wilderness Camping			3	Very few options for campsites and only beyond George's Lake
712.2	11.7	0.0	B	0.47	Harry's Brook	Wilderness Camping			0	Very few options for campsites
734.4	22.2	0.8	D	0.89	Stephenville Crossing	Colemans Grocery		58 Main St	4	A Few wilderness camping options
734.4		15.0				Sit Thomas Roddick Hospital		142 Minnesota Dr		
734.4		0.0				Canada Post		55 West St		
746.6	12.2	0.3	B/C/E	0.49	St George's	Chubbs Convenience		Main St	4	Some good camping options well beyond St George's by two different river crossings
767.1	20.5		B/C			Wilderness Camping			3	Excellent wilderness camping below large trestle (Fischell's River crossing)
775.6	8.5		B/C			Warming Hut			0	
779.6	4.0	0.5	B/C	0.16	Robinsons	Pirates Haven RV and Camping	709-649-0601	229 Main Rd	4	Nice (private) campground with restaurant
791.6	12.0		C/E	0.48	St Fintans	Houses		Houses	2	
808.7	17.1		C/E	0.68	Codroy Pond	Pond		Pond	3	
808.7			E			Wilderness Camping			3	Excellent wilderness camping at North Branch Codroy River Crossing
833.2	24.5		C/E	0.98	South Branch	Houses		Houses	2	
833.2		1.0				Grand Codroy Camping	877-955-2520	5 Doyles Station Rd	4	
848.9	15.7	0.0	D/E	0.63	Doyles	Esso Convenience		1 HWY 1	4	
848.9		0.5				Sunny Brook Inn	709-955-3366	HWY 1	4	Really nice B&B
848.9		0.0				J&L Convenience		1 Neach Rd	4	
860.6	11.7	0.3	D	0.47	Div #4	Little Paradise Camping	709-955-2682	McDougalls Rd	4	
875.7	15.1	0.0	C/D/A	0.60	Cape Ray	Cheeseman Prov. Park	709-695-7222	HWY 1	1	
885.9	10.2		A	0.41	Port-aux-Basques	Colemans Grocery		50 Main St	4	
885.9						Canada Post		3 Main St		
885.9						Dr. Charles Legrow Health Clinic		2 Grand Bay St		
885.9						Canadian Tire		2 High St		
889.4	3.5		A		Port-aux-Basques	Ferry Terminal				
Totals	889.4			34.2	<i>(estimated walking days - based on 25km/day)</i>					

Transportation to and from Newfoundland:

Marine Atlantic Ferry - www.marineatlantic.ca

DRL Bus Services - www.drl-lr.com