

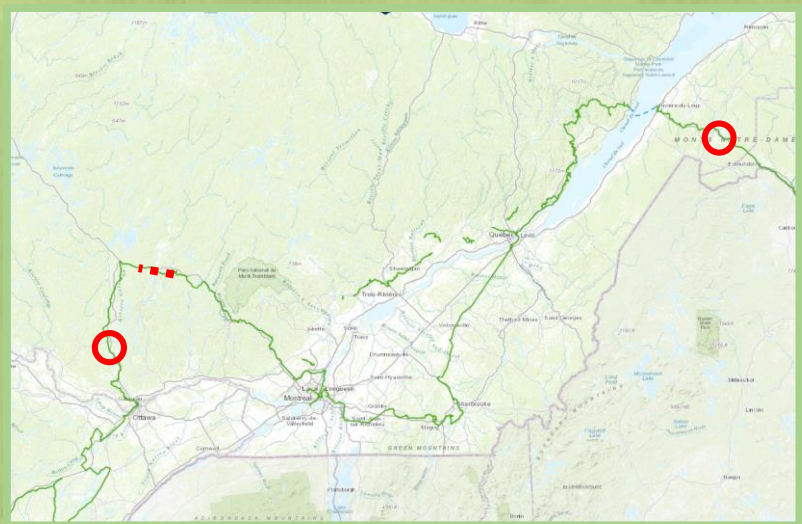


The Great Trail in the Province of Quebec stitches together a variety of trails and roadways. There are 257 kilometers of wilderness trails. These cross mountainous terrain and are rugged, natural trails. 970 kilometers of the Great Trail utilises cycling paths. In this Province, cycling is very popular, and their path systems are well managed offering rest stops, toilets and potable water. This 'green route' has many maps that can be downloaded from the application: *ondago*. The cycling paths are either paved or of fine gravel dust. They are mainly on old rail beds therefor are straight with gradual ascents/descents. Access to bordering land and water courses may be challenging due to fencing or steep embankments along the path.

The trails are joined together by 171 km of roadways and 21 km of dirt roads. Only 10 km of the roadways are on a main highway. The other roads are secondary highways and/or country roads. The shoulder of these roadways may vary in size and quality.

**Climate** - Summers in Quebec can be very warm and humid with average temperatures around 25 to 35 degrees Celsius. Rain precipitation around 1,000 mm. Quebec is also one of the snowiest provinces in Canada with average snow fall around 300 cm. Winter temperatures range from -5 to -25 degrees Celsius. Autumn and spring are mild and of short duration.

Index	
Grocery Store	
Convenience Store	
Post Office	
Campground	
Cabins/Warming huts	
Various stores	
Water Access	
Alternate Trail	Use Road
Dangerous roadway	Use caution
Alternate Water course	Use Road
Trail Condition	
A	Paved
B	Groomed/easy
C	Groomed/ Intermediate
D	Difficult
E	Extremely difficult
Water Access	
1	Dry Area
2	Possible/ Seasonal
3	Lake/river Water
4	Tap



# On-Trail Data File

## Province of Québec

# JU-SI ADVENTURES

Get Lost in the Great Outdoors and Find Yourself



Tot dist	Dist	Off Trail	Terrain	est days	Communities	Services	Phone #	Addresses	Water
0.0	0.0				NB Boundary				
14.2	14.2	0.5	A/B	0.6	Degelis	Metro		605 Ave Principale	4
14.2						Canada Post		855 -8 Rue O	
30.3	16.1	0.5	A/B	0.6	Temiscouata sur le lac	Intermarcher Coop		2396 Rue Commerciale Sud	4
43.0	12.7	1	A/B	0.5	Cabano	Camping Cabano	418-854-9133	1155 Ch du Golf Quartier	4
43.0		0.5		0.0		Metro		633 Rue Commerciale	4
43.0		0.5		0.0		Camping Temilac Inc	418-854-7660	33 Rue de la Plage	4
52.4	9.4	0.1	A/B	0.4	St Louis du Ha Ha	Chez Nancy Grocery		167 Rue Raymond	4
52.4				0.0		Canada Post		249 Rue Commerciale	
55.4	3.0	0		0.1		Wilderness camping			platforms along trail
76.3	20.9	0		0.8		Wilderness camping			platform along trail
95.3	19.0	0		0.8		Wilderness camping			platform along trail
103.8	8.5	2.3	B	0.3	St Modeste	Camping St Modeste	418-868-0383	230 Route de la Station	4
123.7	19.9	Ferry	A/B	0.8	Riviere du Loup	Camping du Quai	418-860-3111	70 Rue de L'Ancre	4
123.7				0.0		Grand-Portage Hospital Center		75 Rue St Henri	
123.7		0.75		0.0		Canadian Tire		237 Boul de l'Hotel d Ville	
123.7		0.75		0.0		Walmart		100 Rue des Cerisiers	4
123.7		0.75		0.0		IGA		254 Boul de l'Hotel de Ville	4
123.7		2	D/E	0.0	St Simeon	Camping sur la Falaise sur Mer	418-638-3838	148 Rue St David	4
123.7		0		0.0		Bonchoix Market		352 Rue St Laurent	4
123.7		0		0.0		Camping Municipal de St Simeon	418-638-5253	120 Rue du Festival	4
123.7		6.5		0.0		Camping Famille Morin	418-514-9268	1640 HWY 138	4
123.7				0.0		Lakes along trail			alternate route HWY 138
236.7	113.0		D/E	4.5		Poste D'Accueil St Urbain (de la ZEC)		Lakes	3
244.2	7.5	7.5	A	0.3	Le Pied-des-Monts	Camping Pied-des-Monts		322 Rue St Anne	3
256.2	12.0		A	0.5	Gite La Bougie Verte	Gite	418-639-2286	68 Rang Saint Francois, St Urbain	4
265.2	9.0		A/D/E	0.4	St Urbain	Canada Post		322 Rue St Anne	4
265.2				0.0		L'inter Market		856 Rue Saint Edouard	4
265.2		Alt-30	A	0.0	La Malbaie	Villa des Erables Camping	418-665-4212	635 Cote Bellevue	4
265.2		0.25		0.0		Metro		375 Boul de Comporte	4
265.2				0.0		La Malbaie Hospital		303 Rue St Etienne	4
265.2		0.25		0.0		Proviso groceries		25 Boul Kane	4
265.2		1.5		0.0		Camping au Bord de la Riviere	418-665-9999	1520 Boul Comporte	4
265.2		Alt-42		0.0		Canadian Tire		375 Boul de Comporte	4
293.7	28.5		E	1.1	Baie St Paul	IGA		1020 Mgr Laval	4
293.7		2		0.0		Le Genevrier Cabins and Camp	418-435-6520	1175 Boul Mgr de Laval	4
293.7				0.0		Charlevoix Hospital center		74 Rue Ambroise	
361.0	67.3	4.5	B	2.7	Saint-Tite-des-Caps	Bonchoix Market	418-823-2314	299 Avenue Royale	4
383.5	22.5		B	0.9	St Anne de Beaupre	IGA		10505 Boul St Anne	4
383.5		Alt-30	A	0.0		Canada Post		11155 Rue Beaugard	3
383.5				0.0		Houses along HWY		Houses	Water access
383.5		0		0.0		Camping Turmel	418-824-4311	7000 Boul St Anne	4
383.5		0		0.0		St Anne de Beaupre Hospital		11000 Rue des Montagneards	
395.0	11.5	0	A	0.5	Chateau Richer	Camping Lac aux flambeaux	418-827-3977	25 Rue Pare	4
403.7	8.7	0-alt	A	0.3	L'Ange Gardien	Richelieu Market		6446 Ch Royale	4
403.7				0.0		Canada Post		2850 Boul Hoghelaga	
409.1	5.4		A	0.2	Boischatel	Canada Post		5304 Ch Royale	
424.7	15.6	ferry	A	0.6	Quebec	Hotel de Dieu CRCEO		11 Cote du Palais	
424.7				0.0		Canadian Tire		205 Ave Joseph Casavant	
424.7				0.0		Running Room/ Coin des Coureurs		1049 Ave Cartier	
424.7				0.0		MEC		1475 Boul Lebourgneuf	
424.7		0.75		0.0		Richard Groceries		42 Rue des Jardins	4
424.7				0.0		Latulippe store	418-529-0024	637 St Vallier Ouest	
426.7	2.0	1	A	0.1	Levis	IGA		53 Route du President Kenedy	4
426.7				0.0		Levis Hospital	418-835-7121		
426.7				0.0		Canada Post		4870 Boul Guillaume Couture	
426.7				0.0		Canadian Tire		100 Route du President Kenedy	
438.7	12.0	0	A	0.5	St Romuald	Canadian Tire		600 Rue de la Concorde	4
438.7		0.5	A	0.0		Walmart		700 Rue de la Concorde	4
438.7		0		0.0		Metro		8032 Ave des Eglises	4
450.9	12.2		B	0.5	St Nicholas	Canada Post		1332 Rue de la Chaudiere	
464.9	14.0	0.5	A	0.6	St Agapit	Tradition Market		1145 Rue du Centenaire	4
477.9	13.0	0.1	A/B	0.5	Dosquet	Omni Market		174 Route St Joseph	4
477.9				0.0		Canada Post		110 Rue Bibeau	
490.9	13.0	2	B	0.5	Lyster	Intermarcher Lyster		2805 Rue Becancour	4
512.7	21.8	0.75	B	0.9	Plessisville	IGA		1971 Rue Bilodeau	4
512.7				0.0		CLSC de L'Erable		1353 St Calixte	
516.5	3.8	0		0.2		halte Laurent Carignan			
521.2	4.7	0	B	0.2	Princeville	Camping Plage des Sables	819-364-5769	1450 HWY 116 Ouest	4
521.2		0.5		0.0		IGA		355 Rue St Jean Baptiste	4
534.3	13.1	0.5	B	0.5	Victoriaville	La Manne Groceries		194 Notre Dame St E	4
534.3				0.0		Hotel-Dieu d'Arthabaska Hospital	819-357-1151		
534.3		0.5		0.0		Quartier Notre Dame Market		102 Boul des Bois Francs	4
534.3		0.5		0.0		D'Antan Market		49 Notre Dame St E	4
543.7	9.4	0		0.4		Halte des Prairies			
550.2	6.5	0.75	A/B	0.3	Warwick	IGA groceries		10 Rue du Centre Sportif	4
563.6	13.4	4	B	0.5	Kingsey	Camping des Pins	819-839-2648	379 Boul Kingsy	4
569.6	6.0	0.1	B	0.2	Danville	WF Supermarket		Rue Daniel Johns	4

Le Petit Temis  
https://www.petit-temis.ca

RESERVATION ? La Traversée de Charlevoix  
https://www.traversedecharlevoix.qc.ca/

RESERVATION ? Sentier des Caps

Parc Lineaire des Bois Francs

# On-Trail Data File

## Province of Québec

# JU-SI ADVENTURES

Get Lost in the Great Outdoors and Find Yourself



589.1	19.5	1	B	0.8	Richmond	Camping Melbourne 2000	819-826-6222	1185 Rue Belmont, Melbourne	4	
589.1				0.0		CLSC Pavillon Barlow		110 Rue Barlow		
589.1			0.5	0.0		Maxi groceries		44 Rue Craig	4	
607.6	18.5	0	A/B	0.7	Windsor	General Market		14 Rue Principale	4	
607.6		2		0.0		Camping Watopeka	819-348-6396	Rue du Moulin	4	
607.6				0.0		CLSC Pavillon St Louis		23 Rue Ambroise Deardins		
607.6		3.4		0.0	St François Xavier de Brompton	Camping du Lion	819-345-0554	290 Ch. De la Riviere	3	Alt route use road
624.6	17.0	0.5	A/B	0.7	Bromptonville	IGA groceries		50 Rue Bourgeois	4	
637.1	12.5		A/B	0.5	Sherbrooke	CHUS site Fleurimont Hospital		3001 12 Ave Nord		
637.1				0.0		Canada Post		50 Place de la Cite		
637.1				0.0		Canadian Tire		4050 Boul Josaphat Rancourt		
637.1		0.5		0.0		Maxi groceries		150 Rue des Grandes Fourches Sud	4	
645.4	8.3	0.5	A/B	0.3	Lennoxville	Provigo groceries		169 Queen	4	
645.4		0.5		0.0		camping de L'Île de Marie	819-820-0330	225 Rue St Francis	4	
660.0	14.6	0.1	A/B	0.6	North Hatley	Farmer's Market		Ch Capelton	4	
675.8	15.8	1.4	A/B	0.6	Rock Forest	Camping Beauville	819-864-4531	5153 Ch St Catherine	4	
678.6	2.8	3.4	A/B	0.1	Deauville	Camping Deauville	819-864-4309	4775 Rang 8 Nord	4	
678.6		2.5		0.0		Camping Magog lake	819-864-4401	7255 Ch Blanchette	4	
695.8	17.2	0.5	A/B	0.7	Magog	Metro plus groceries		460 Rue St Patrice Ouest	4	
695.8		0		0.0		Domaine du Parc Estrie	819-868-6944	19 Rue du Domaine	4	
695.8				0.0		Magog Hospital				
695.8		0		0.0		Lussier Groceries		92 Rue de Hatley	4	
732.5	36.7	1.5	A/B	1.5	Eastman	Marche Tradition groceries		382 Rue Principale	4	
732.5		0.3		0.0		Camping Leroux	819-620-6632	1050 Ch des Diligences	4	
732.5		2		0.0		Camping Normand	450-297-2014	62 Ch Normand	4	
732.5		0		0.0		camping Argent lake	450-297-4466	1068 Ch des Diligences	4	
751.6	19.1	1	A	0.8	Waterloo	Metro lussier		4615 Rue Foster	4	
751.6		1		0.0		Camping de L'Estrie	450-539-3728	630 Ch de Frost Village	4	
761.3	9.7	0	A	0.4	Bromont	Camping velo	450-776-3864	531 Ch Saxby	4	
761.3		1.4		0.0		Bromont Park camping	450-534-2712	24 Rue Lafontaine	4	
774.3	13.0		A/B	0.5	Granby	Hospital Piedmont Yamaska		Boul Leclerc Ouest		
774.3		2.6		0.0		Granby camping	450-372-6639	310 Rue Robitaille	4	
774.3		0.1		0.0		IGA		310 Rue Denison E	4	
774.3		0.75		0.0		Maxi groceries		370 Rue St Jacques	4	
798.0	23.7		A/B	0.9	Farnham	IGA		999 Rue Principale Est	4	
798.0		3.5		0.0		Mon Repos camp	450-293-6318	430 Rang St Georges	4	
798.0		0.1		0.0		Metro		450 Rue Megis	4	
825.1	27.1		B	1.1	Stean sur Richelieu	Haut Richelieu Hospital		920 Boul du Seminaire		
825.1		0.5		0.0		Pasquier groceries		87 Boul St Luc	4	
825.1				0.0		Canadian Tire		600 Pierre Caisse		
845.7	20.6	0	A/B	0.8	Chambly	Metro groceries		1233 Boul Perigny	4	Canal de Chambly
845.7		0		0.0		Maxi groceries		1601 Boul de Perigny	4	
854.7	9.0	1	A/B	0.4	St Hubert	Maxi groceries		7900 Boul Cousineau	4	
862.0	7.3		A	0.3	Longueuil	Hospital Pierre Boucher		1333 Boul Jacques Cartier Est		
862.0				0.0		Canadian Tire		2211 Roland Therrien Boul		
862.0				0.0		Provigo groceries		1150 Rue King George	4	
862.0				0.0		MEC		4896 Boul Taschereau		
888.5	26.5		A	1.1	Montreal	Hospital				
888.5				0.0		MEC		4394 Rue St Denis		
888.5				0.0		Canada Post		1974 St Catherine O		
888.5				0.0		Canadian Tire		3025 Sherbrooke St E		
888.5				0.0		Running Room/ Coin des Coureurs		1 Place Ville Marie		
888.5				0.0		MEC		8989 Boul de L'Acadie		
888.5		0		0.0		Groceries Adonis		225 Peel	4	
888.5				0.0		Youth Hostel	514-843-3317	1030 Rue MacKay	4	
936.0	47.5	3	A/B	1.9	Terrebonne	Camping aux 5 Etoiles	450-471-6266	1770 Cote Terrebonne	4	
936.0		0		0.0		Sobeys		1101 Boul de la Piniere O	4	
936.0				0.0		IGA		675 Boul des Seigneurs	4	
949.8	13.8	0.5	A/B	0.6	Bois des Filions	IGA		50 Montee Gagnon	4	
958.0	8.2		A/B	0.3	Rosemere	Moderie Sylvie Hospital		132 Boul Labelle		
958.0		Alt-38	A	0.0	Laval	Hospital				
958.0		1		0.0		Walmart		2075 Boul Chomeley	4	
958.0				0.0		Canadian Tire		5205 Boul de Val-des-Brises		
958.0				0.0		MEC		2615 Boul Daniel-Johnson		
958.0		0.5		0.0		Metro		348 Ch la Grande Cote	4	
958.0				0.0		Walmart		401 Boul Cure Labelle	4	
987.2	29.2		B	1.2	St Jerome	Hotel-Dieu Hospital		290 Rue Montigny		
987.2		6		0.0		Camping Lac Lafontaine	819-431-7373	1110 Boul du Grand Heron	4	
987.2				0.0		Canada Post		380 Place de Cure Labelle		
987.2				0.0		Canadian Tire		900 Grignon Boul		
987.2		1.5		0.0		IGA		Rue St Antoine	4	
992.2	5.0	0		0.2		parc de la riviere du nord				
999.2	7.0	0	B	0.3	Prevost	IGA		2635 Boul du Cure Labelle	4	
999.2				0.0		Canada Post		759 Rue de la Station		
1011.0	11.8		B	0.5	St Adele	Canada Post		3007 Rue St Charles		
1011.0				0.0		Bonichois groceries		940 Rue St Georges	4	
1016.2	5.2	0		0.2		wilderness camping			3	Camp by bridge and stream
1018.3	2.1	0.2	B	0.1	Le Fer A Cheval	Canada Post		1727 Ch Pierre Peladeau		
1026.5	8.2	0.5	B	0.3	Val David	Metro groceries		2500 Rue de l'Eglise	4	
1026.5				0.0		Youth Hostel	819-322-1972	1451 Rue Beaumont	4	

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1033.5	7.0		B	0.3	St Agathe	Lautentien Hospital		234 Rue St Vincent			
1033.5		1.5		0.0		Walmart		400 Rue Laverdure	4		
1033.5		0.5		0.0		Metro		1050 Rue Principale	4		
1033.5		3		0.0		parcs des campeurs	819-324-0482	Route 329 Sud & Lac des Sables	4		
1033.5		0		0.0		domaine lausanne	819-326-3550	150 hwy 117	4		
1056.7	23.2	1	A/B	0.9	Lac Carre	Camping Desjardins	819-688-2179	1030 Rue Pisciculture	4		
1056.7		0.1		0.0		Bonichoix groceries		1871 Rue Principale	4		
1069.6	12.9	1.5	A	0.5	St Jovite	IGA groceries		412 Hwy 117	4		
1069.6		2.3		0.0		Camping Boreal	819-425-1043	55 HWY 117	4		
1087.6	18.0	0		0.7		wilderness camping					
1092.8	5.2	0	A	0.2	Labelle	Labelle et la rouge camp	819-686-1954	252 Des Geais Bleus	4		
1092.8		0.5		0.0		Chutes aux Iroquois camp	819-686-2337	36 Rue du camping	4		
1092.8		0.15		0.0		Bonichoix groceries		55 Rue du Pont	4		
1092.8		0		0.0		wilderness camping					just beyond La Gare Auberge Resto on the right is a camping/rest area
1097.8	5.0	0		0.2		wilderness camping					nice and rustic
1104.1	6.3	0		0.3		wilderness camping				3	near river
1105.6	1.5	0		0.1		wilderness camping				3	Platform near river
1116.1	10.5	0	A	0.4	Riviere Rouge	Camp Fou du Roi	819-275-0085	1720 Rue Landry	4		
1116.1				0.0		IGA		1395 Rue L'Annonciation	4		
1116.1				0.0		Hospital		Rue L'Annonciation			
1133.8	17.7	1	A	0.7	Nomingue	Bonichoix groceries		2229 Ch du Tour du Lac	4		
1133.8				0.0		Canada Post		2277 Ch du Tour du Lac			
1140.6	6.8	0		0.3		wilderness camping					nice site with a view
1143.5	2.9			0.1	Intersection with Rue St Anne	Houses		Houses	4		Access to water
1151.2	7.7		A	0.3	Lac Saguy	Crevier Convenience		237 HWY 117	4		
1162.6	11.4	4.1	A	0.5	Kiamika	Camp Manitou	819-585-2203	63 Ch Poulin	4		
1176.6	14.0	0	A	0.6	Val-Barrette	Canada Post		199 Rue Helie	4		
1176.6		0		0.0		Lortie Convenience		524 Boul St Francois	4		
1189.6	13.0	0	A	0.5	Mont Laurier	IGA groceries		101 rue Hebert	4		
1189.6				0.0		Antoine Labelle Hospital		2561 Ch de la Lievre Sud	4		
1189.6		4.8		0.0		Camping JoAn	819-436-3005	3148 Monte des Whissels	4		
1189.6		0		0.0		Domaine du p'tit Rouillon	819-623-4619	2395 Ch du Campeur	4		
1189.6				0.0		Charlebois Lake		Lake and houses	3		Access to water
1223.6	34.0		A	1.4	Grand Remous	Shell Convenience		1195 Trans Canada hwy	4		
1223.6		0.5		0.0		Canada Post		1164 HWY 117			
1223.6				0.0		St Joseph Lake		Lake and houses	3		Access to water
1256.4	32.8		B/C	1.3	Maniwaki	Maniwaki Hospital		309 Boul Desjardins			
1256.4		1.5		0.0		Canada Post		26 Ch de Farley			
1256.4		0.5		0.0		Maxi groceries		170 Rue Principale	4		
1274.0	17.6	0	B/C	0.7	Messines	Messines Convenience		119 Rue Principale	4		
1274.0		2.7		0.0		camp plein aire 3063	819-465-2459	16 Ch Lac Grenon	4		
1279.0	5.0	0		0.2		wilderness camping				3	nice site near the top of the lake
1281.2	2.2		A	0.1	Blue Sea	Canada Post		18 Ch de Blue Sea			
1287.2	6.0	0		0.2	Lac Castor	wilderness camping				3	Platform overlooking the lake
1294.0	6.8		A/B	0.3	Gracefield	CLSC de Gracefield		12 Rue Principale			
1294.0		0.1		0.0		Bivouac de l'ancien	819-463-0869	92 Rue Principale	4		
1294.0				0.0		Canada Post		15 Rue Principale			3 km before Kazabazoua is a 30 meter washout of the trail
1294.0		0		0.0		Metro groceries		27 rue Principale	4		
1294.0		1.6	B/C	0.0		Camping du ruisseau	819-230-7360	7 Ch. De la Traverse Benard	4		
1318.3	24.3			1.0		Flat lake		Lake	3		Access to water
1334.3	16.0		B/C	0.6	Low	O'connor Convenience		304 Route 105	4		
1361.8	27.5		A/D	1.1	Wakefield	Gatineau Memorial Hospital		101 Burnside			
1361.8				0.0		Youth Hostel	819-459-3180	66 Ch Carman via HWY 105	4		
1372.9	11.1	0	B/C	0.4	Gatineau Park	Camp-Philip Lake		Rue Lac Phillip	4		
1372.9				0.0	Pont Alexandra	Relais camp de base store		540 Boul St Joseph	4		
1372.9				0.0		Canadian Tire		215 Boul du Plateau			
1419.9	47.0		A	1.9	Hull-Gatineau	IGA Groceries		1130 Boul St Joseph	4		
<b>Total:</b>	<b>1419.9</b>			<b>56.8</b>							

Parc Lineaire Le Ptit Train du Nord

HWY 117

Semler Kigean et Veloroute des Draveur

Parc de la Gatineau

### Transportation to and from Québec

Coach buses: orleansexpress.com  
limocar.ca  
autobusmaheux.com

Ferry from Saint-Simeon to Riviere-du-Loup: traverserdl.com

Airlines...